

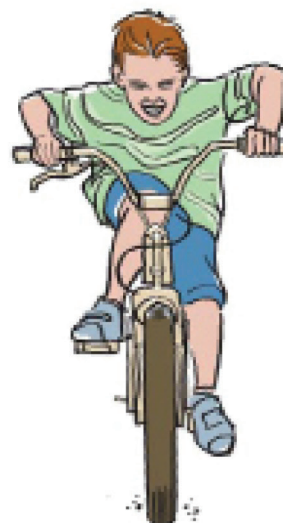
¡Come Bien!
+ ¡Muévete!



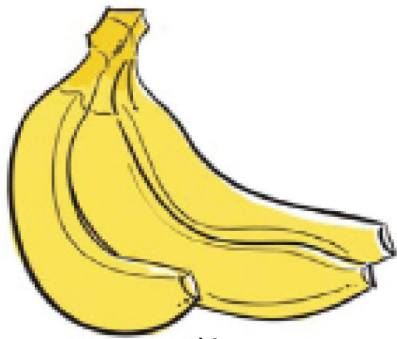
Nombre o ID

Fecha

1. Circula a los niños siendo activos.



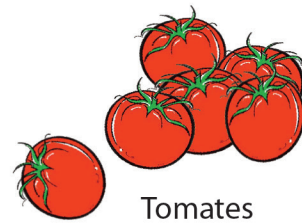
2. Circula los bocadillos saludables.



Plátanos



Papas fritas



Tomates



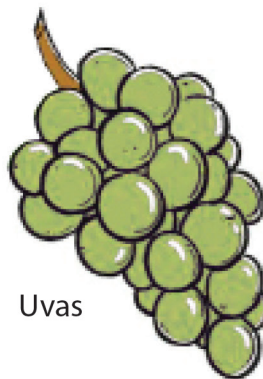
Yogurt

/ 4

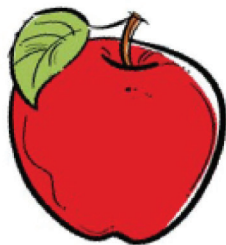
3. Circula los vegetales.



Brócoli



Uvas



Manzana



Ejotes

/ 4

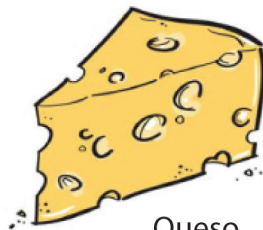
4. Circula los productos lácteos.



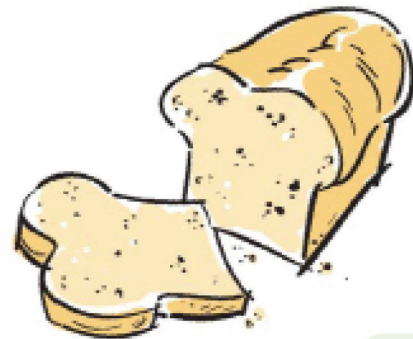
Huevo



Leche



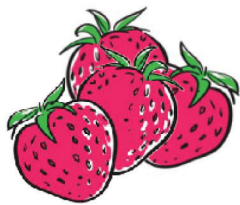
Queso



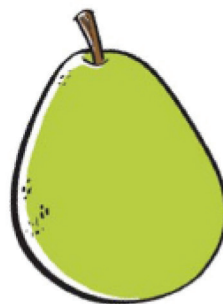
Pan

4

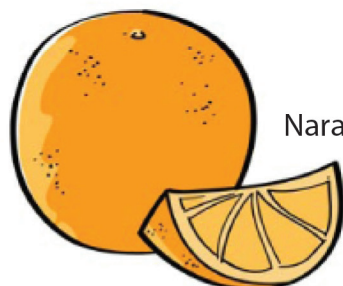
5. Circula las frutas.



Fresas



Pera



Naranja



Zanahorias

4

6. Circula cuando deberías lavarte las manos antes de comer.



4

For Staff

This tool is for students in kindergarten, 1st or 2nd grade.

Curriculum

Grade

School

Teacher



Extension

This work is/was supported by the U.S. Department of Agriculture (USDA), National Institute of Food and Agriculture, the Expanded Food and Nutrition Education Program. Any opinions, findings, conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the USDA.

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