

¡Come Bien!
+ ¡Muévete!



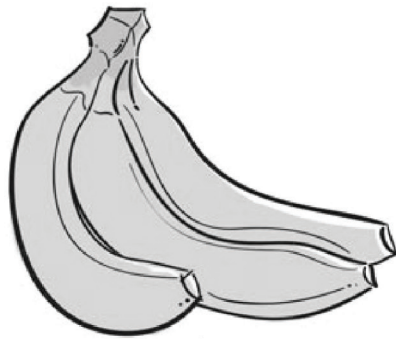
Nombre o ID

Fecha

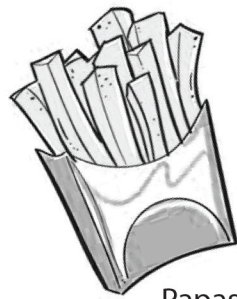
1. Circula a los niños siendo activos.



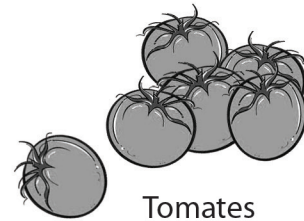
2. Circula los bocadillos saludables.



Plátanos



Papas fritas



Tomates



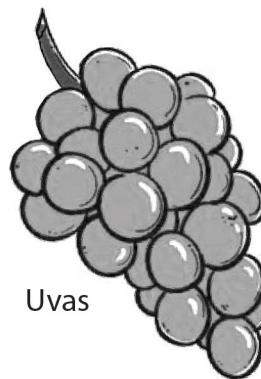
Yogurt

4

3. Circula los vegetales.



Brócoli



Uvas



Manzana



Ejotes

4

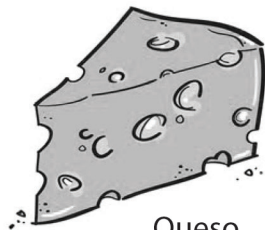
4. Circula los productos lácteos.



Huevo



Leche



Queso



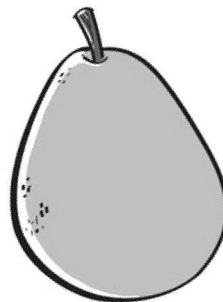
Pan

4

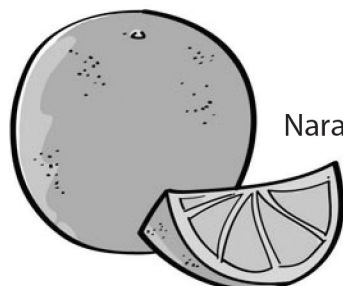
5. Circula las frutas.



Fresas



Pera



Naranja



Zanahorias

4

6. Circula cuando deberías lavarte las manos antes de comer.



4

For Staff

This tool is for students in kindergarten, 1st or 2nd grade.

Curriculum

Grade

School

Teacher



Extension

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