



Nthuav Txog Zaub Mov thiab Kawm Txog Noj Kom Zoo

Npe _____

Txoj ekv _____

Nroog _____ Zip _____

Xov tooj (_____) _____

Tus Email _____

Koj puas noj tsuaj pab lub cev (vitamins, tshuaj ntsuab)?

Xeeb ☐

Tsis xeeb ☐

Koj siv npaum li cas nyiaj los mus yuav zaub mov lub hli tag los no (nyiaj ntxiv rau SNAP)?\$ ____

Koj ua yeeb yam siv tes taws npaum li cas ntawm ib hnub twg?

☐ Tsawg tshaj 30 nasthis

☐ 30 mus rau 60 nasthis

☐ Tshaj 60 nasthis

Rau cov kws qhia ntawv xwb:

Hnub tim: _____

Tus kws qhia ntawv lub npe: _____

Cov lus hais: _____

Tuaj Koom Tus Lej Cim (tsim los ntawm lub xeev lub hoob kas): _____

Pawg Neeg Lub Npe: _____

Tus Tswv Hauj Lwm Ntawm (EEO/AA), ntawm lub Tsev Kawm Ntawv Qib Siab (University of Wisconsin-Madison Division of Extension) pab rau kev ncaj ncees txog kev hauj lwm thiab kev pab cuam, xws li nyob rau hauv Title VI, Title IX, thiab ntawm tsab cai Americans with Disabilities Act (ADA) yuav tsum kom muaj thiab Feem 504 ntawm the Txoj Cai Kev Pab Rov Tsim Kho Uas Tau Teev Tseg.



Extension
UNIVERSITY OF WISCONSIN-MADISON

Cov ntaub ntawv no txhawb los ntawm National Institute of Food and Agriculture, US Department of Agriculture.

USDA is muaj vaj huam sib luag pab, ua hauj lwm, thiab qiv nyiaj.

Qhov Kev Pab Cuam FoodWise Tau Txais Kev Pab Los Ntawm USDA Supplemental Nutrition Assistance Program— SNAP thiab Ntxiv Rau Qhov Kev Pab Food thiab Nutrition Education Program – EFNEP.



United States
Department of
Agriculture

National Institute
of Food and
Agriculture

Nag hmo koj noj thiab haus dab tsi?
Qhia kom meej tshaj li meej tau, yim qhia meej yim zoo.

Zaub mov thiab dej haus thiab npaj li cas		Ntau npaum li cas?	Zaub mov thiab dej haus thiab npaj li cas	Ntau npaum li cas?
Pluas tshais				
Khoom txom ncauj				
Pluas su				
Khoom txom ncauj				
Pluas hmo				
Khoom txom ncauj				