

Acerca de mí

 Lección 1

Espere

Fecha

Teléfono/celular

() -

Nombre

Correo electrónico

Domicilio

Edad

Hombre

Mujer

Otro

Ciudad

Código postal

Prefiero no responder



Espere

¿Embarazada?

☐

Sí

☐

No

¿Amamantando?

☐

Sí

☐

No

¿Es usted hispano/latino?

☐

Sí

☐

No

Marque uno o más.

☐

Nativo americano

☐

Asiático

☐

Negro o afroamericano

☐

De las Islas del Pacífico

☐

Blanco/Caucásico

Edades de otras personas que viven con usted.

Ingresos familiares mensuales

\$



Espere

Programas de asistencia en que participan usted y su familia.

☐

Comidas escolares (gratis/a bajo costo)

☐

Programa de alimentos para reservas indígenas

☐

Head Start

☐

Otro

☐

CalFresh (estampillas de comida, SNAP)

☐

CalWORKs (TANF)

☐

Alimentos para emergencias (alacenas/bancos comunitarios, otros programas de distribución de alimentos)

☐

WIC

Nivel de educación alcanzado

☐

Grado

☐

GED

☐

Algo de estudios universitarios

☐

Carrera de 2 años

☐

Carrera de 4 años



Pare Aquí

For Staff

ENTRY

Educator

County

Data entry date

Group size

Residence

- ☐ Farm
☐ Small Town
☐ Town
☐ Suburb
☐ City

Lesson type ☐ Group ☐ Individual ☐ Both
(Group + Individual)

Agency

Participant ID

EXIT

ESBA Lessons

= # # #
in person mail make up

Sessions (Contacts)

Hours

Client exit date

Status

- ☐ Education objectives met (Graduated)
☐ Returned to school
☐ Took job
☐ Family concerns
☐ Staff vacancy
☐ Moved
☐ Lost interest
☐ Other
☐ Other obligation
☐ Lost contact with client

Success Story Potential

- ☐ Release
☐ Photo
☐ Follow Up

Townsend MS, Donohue S, Roche B, Lamp C, Johns M, Neelon M. *About Me*, version 4 for FY 2014-15.

[Demographic information/family record tool for low-income EFNEP audiences. 1-page for intervention entry and exit using color to assist the educator in guiding a group of low-literate participants through the questions.]

University of California Cooperative Extension. Copyright © The Regents of the University of California, 2014. All Rights Reserved. Graphic designer: M Reed.

The authors thank Rosario Clerici, Clara Moore and Santos Lopez for their valuable comments.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>)

Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/ Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

This work is/was supported by the U.S. Department of Agriculture (USDA), National Institute of Food and Agriculture, the Expanded Food and Nutrition Education Program. Any opinions, findings, conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the USDA.



United States
Department of
Agriculture

National Institute
of Food and
Agriculture

4/1/24 v.5



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

